

Become a fan on Facebook

## EID EL FITR

### ORASCOM REAL ESTATE

Visit the Orascom Real Estate sales office in Abu Tig Marina from **September 8-12** to enjoy exclusive offers available only during the Eid period.

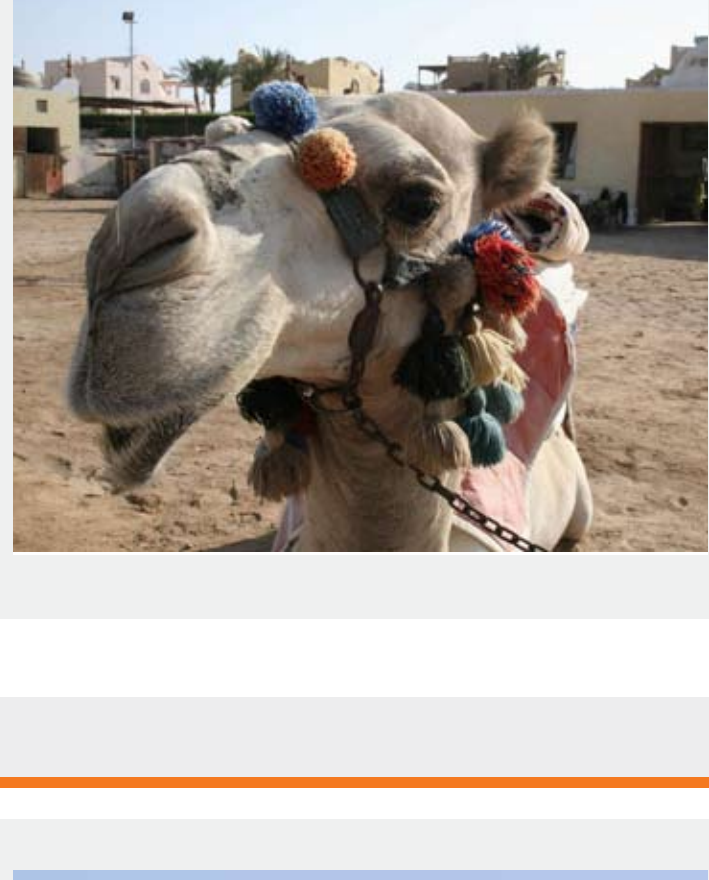
ext 77939 or 32005 or 32041, +2 012 746 4672  
marketing\_realestate@orascomhd.com  
www.orascomrealestate.com



### CHILDREN'S SLEEPOVER

Fun for the little ones at Les Petites starts at **7:30 pm on September 10** and will include buffet dinner, entertainment, and a sleepover until 8:30 am on September 11. Babysitting service by the hour is also available for children from three months to eight years old.

Les Petites is located in Downtown El Balad next to the open-air cinema, ext 32225



### ANIMAL PARTY

Yalla invites residents and visitors to its Animal Party on **Friday, September 10 at 6 pm**. The program includes a donkey race at 6:30 pm, a camel race at 7 pm, and lots of fun feeding and petting four-legged friends. Tickets will be for sale one week in advance at the stable and at Palma Café in Kafr El Gouna.

Ticket prices: 40 LE per adult, 20 LE per child (up to 16 years old), including one soft drink.

Yalla currently has young cats and kittens available for adoption. ext 32344, yalla.eg@gmx.net



## ENVIRONMENT

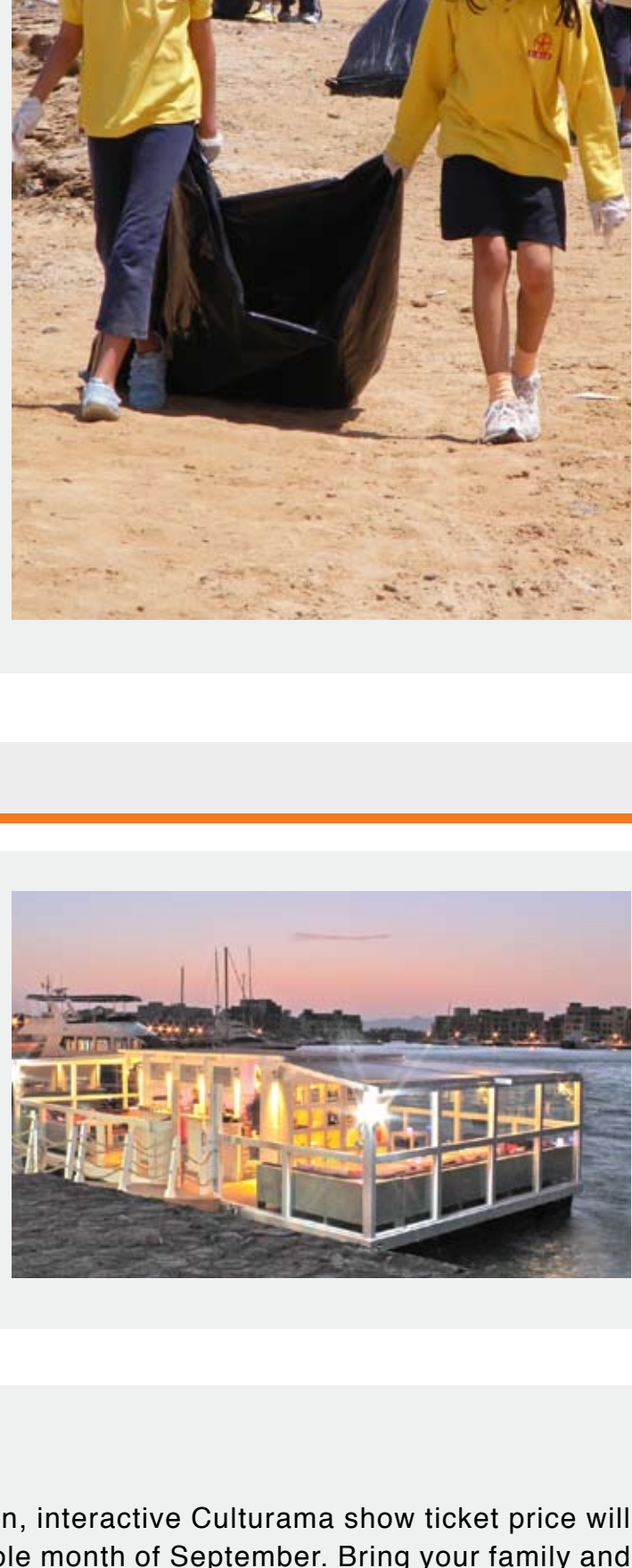
### GREEN GOUNA DAY

A combination of Project Aware Clean Up Day and World Tourism Day will be celebrated on Monday, September 27 as hotels, dive centers, kite stations, schools, and residents work together for two major cleanup events around El Gouna:

**Beach Cleanup:** The beach cleanup will cover a 3,000-meter stretch on El Gouna's northern beach starting at 8:30 am. Water and trash bags will be supplied and buses will take participants from Downtown and Abu Tig Marina to the meeting point.

**Island Cleanup:** We will also assist the Hurghada Environmental Protection and Conservation Association (HEPCA) clean one of the northern islands situated in a protected area for turtles and nesting birds. Volunteers will need old, strong shoes, long trousers, protective clothing, and a sunhat; HEPCA will provide gloves. The North Islands cleanup work may be physically demanding and involve shoveling sand into sacks.

For information check the [El Gouna Facebook Fan page/Events](#)

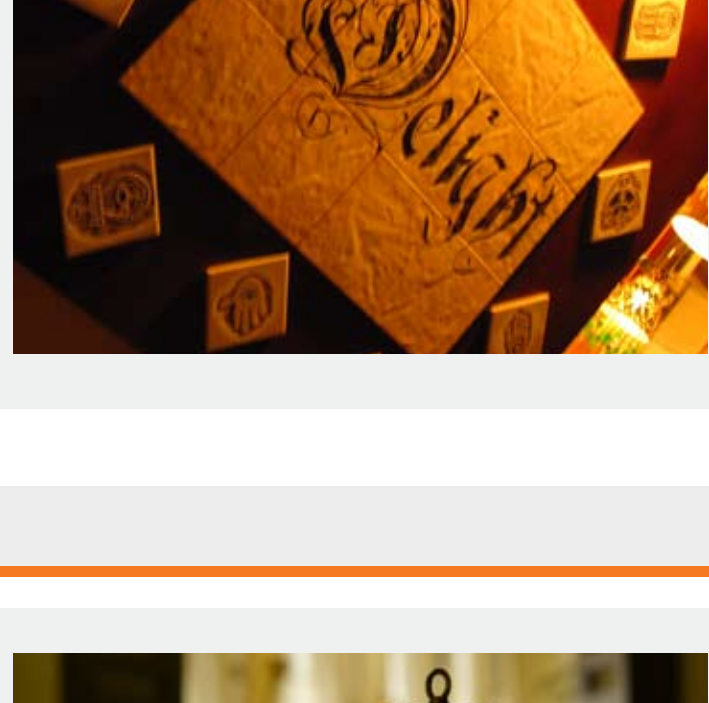


## AROUND TOWN

### RIVE GAUCHE OPENING

A place of gastronomic culture and relaxation, Rive Gauche is the "restobar" to go to for an aperitif followed by a business or casual dinner topped off by a soothing digestif. The inventive, contemporary kitchen combines authentic products from the region with foreign spices and perfumes.

Abu Tig Marina North, ext 75580, + 2 016 676 7456  
info@rivegauche-eg.com www.rivegauche-eg.com



### CULTURAMA

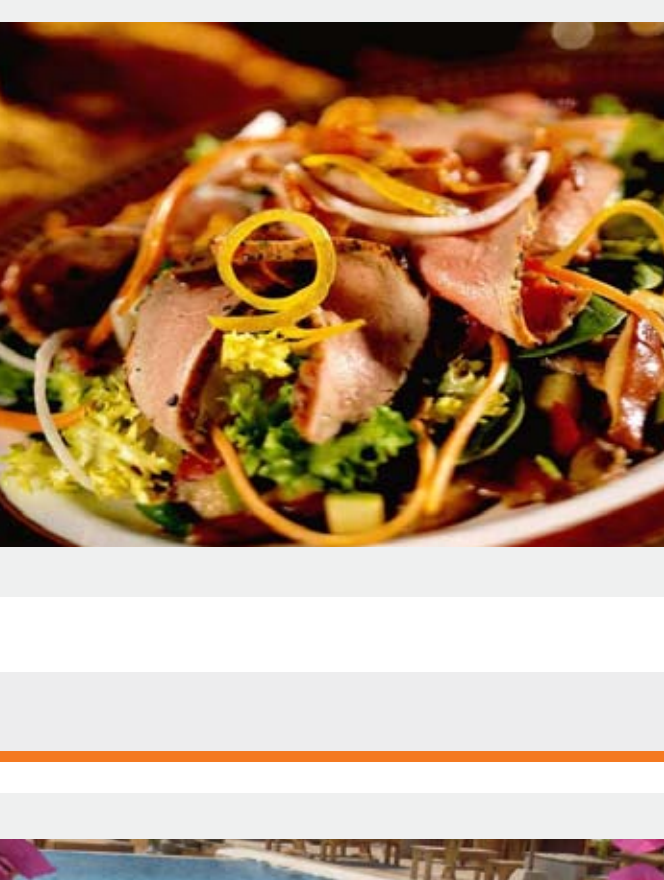
In the spirit of Eid El Fitr, the multimedia, nine-screen, interactive Culturama show ticket price will be **only 5 Euros** (down from 7 Euros) during the whole month of September. Bring your family and friends on a journey through Egypt or travel through the literary world of many languages.

ext 32589

### SWIMMING LESSONS

During the month of September Les Petites is offering swimming lessons from basic to intermediate level for kids ages three and a half to six.

ext 32225, +2 021 502 0215  
marika@lespetiteselgouna.com www.lespetiteselgouna.com

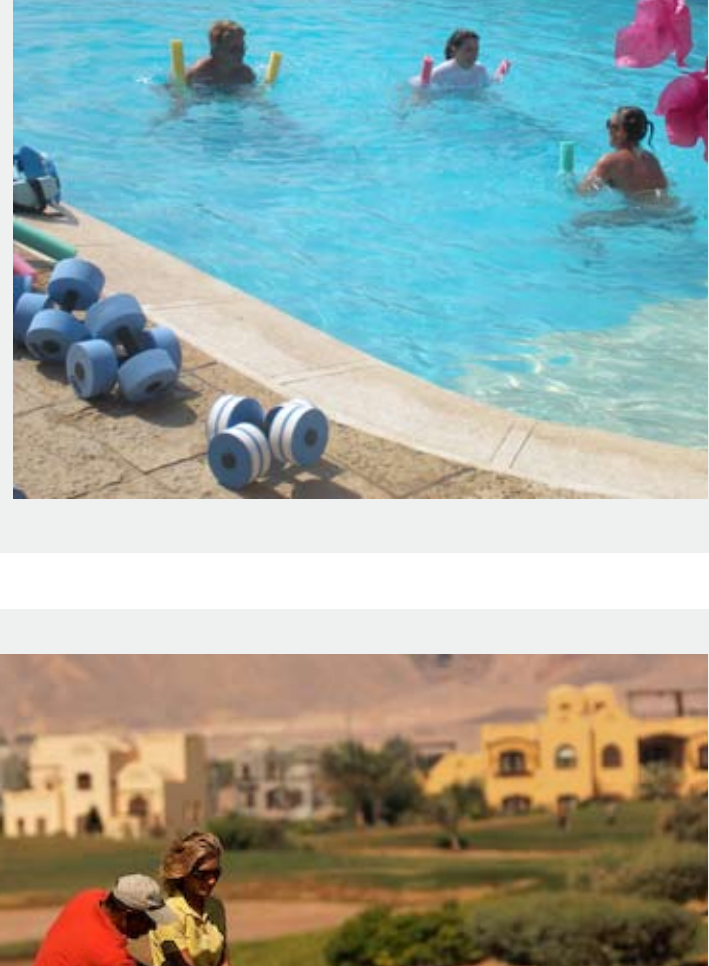


### DELIGHT DISCOUNTS

Beautiful Egyptian handmade items, unique gifts, candles, copper and brass objects, pottery, and artworks are to be had at Delight. This month's arrivals include new beach bags, mosquito-repellent candles, anti-mosquito solutions for indoors, Kaf Fatma earrings and rings, burner oils, and reed diffusers.

**September promotions:** burner oil for 25 LE; 15% off on all oil paintings; 10% discount for owner card holders.

Abu Tig Marina at the back of Turtle's Inn  
ext 77923, +2 012 161 2611  
emad@ddegyp.com www.elgounadelight.com

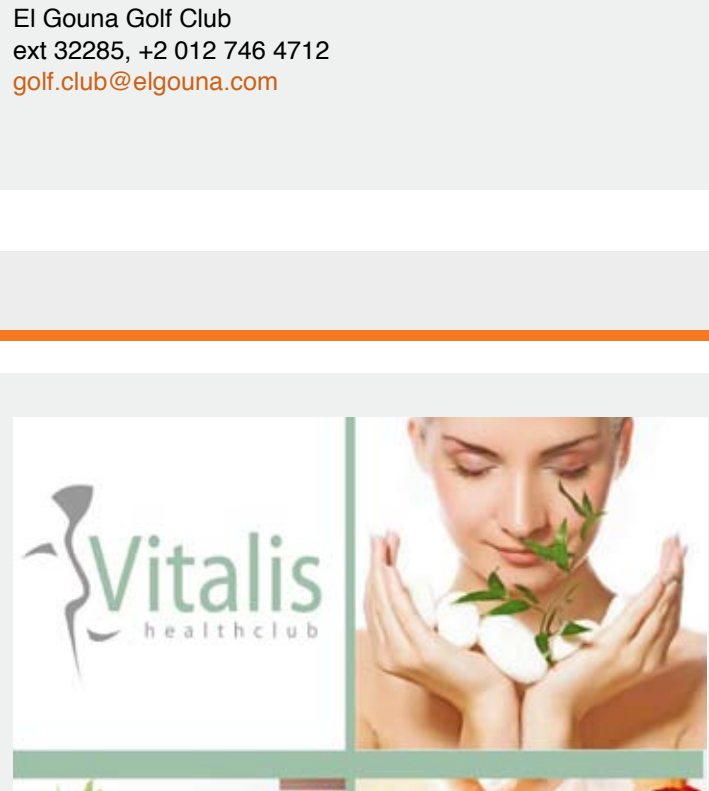


## DINING

### OLD GLORY AT ORIENT 1001

After undergoing a full facelift during the summer, the Sheraton's Orient 1001 restaurant has reopened its doors. Savor the flavors of Middle Eastern and North African cuisines in style every day of the week and enjoy the folkloric shows on Sunday and Thursday evenings.

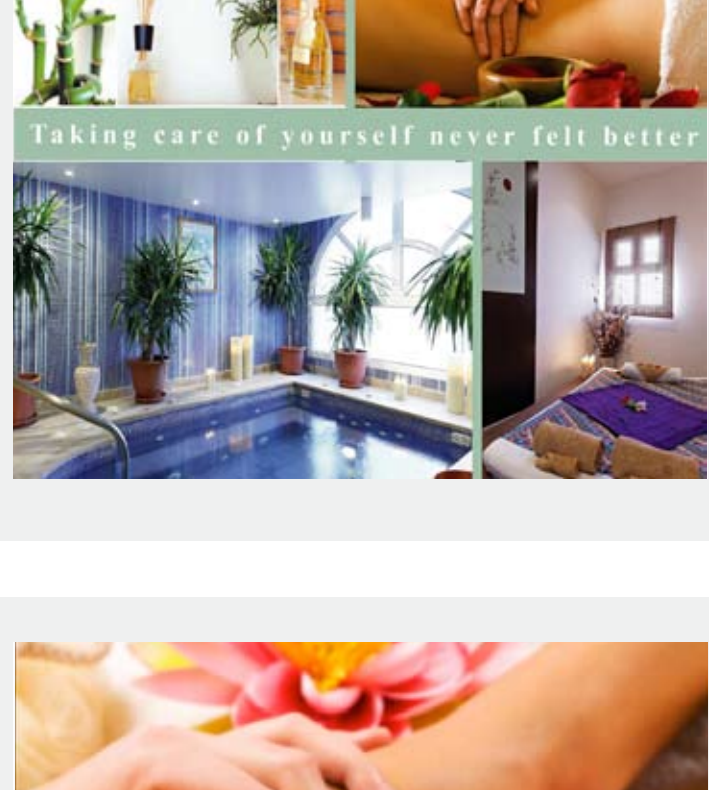
For reservations call ext 110



### DUCK AT EL SAYADIN

Moevenpick continues to lead the way in sustainable tourism: this September, El Sayadin will be serving tasty dishes featuring ducks raised at the local El Gouna Farm. Chef Alfred and his team are using a myriad of recipes from around the world for duck lovers. The mouthwatering Duck Consommé, Carpaccio of Duck Breast, exquisite Duck Patties, and the internationally heralded Magret of Duck are not to be missed!

Reservations advised, ext 120



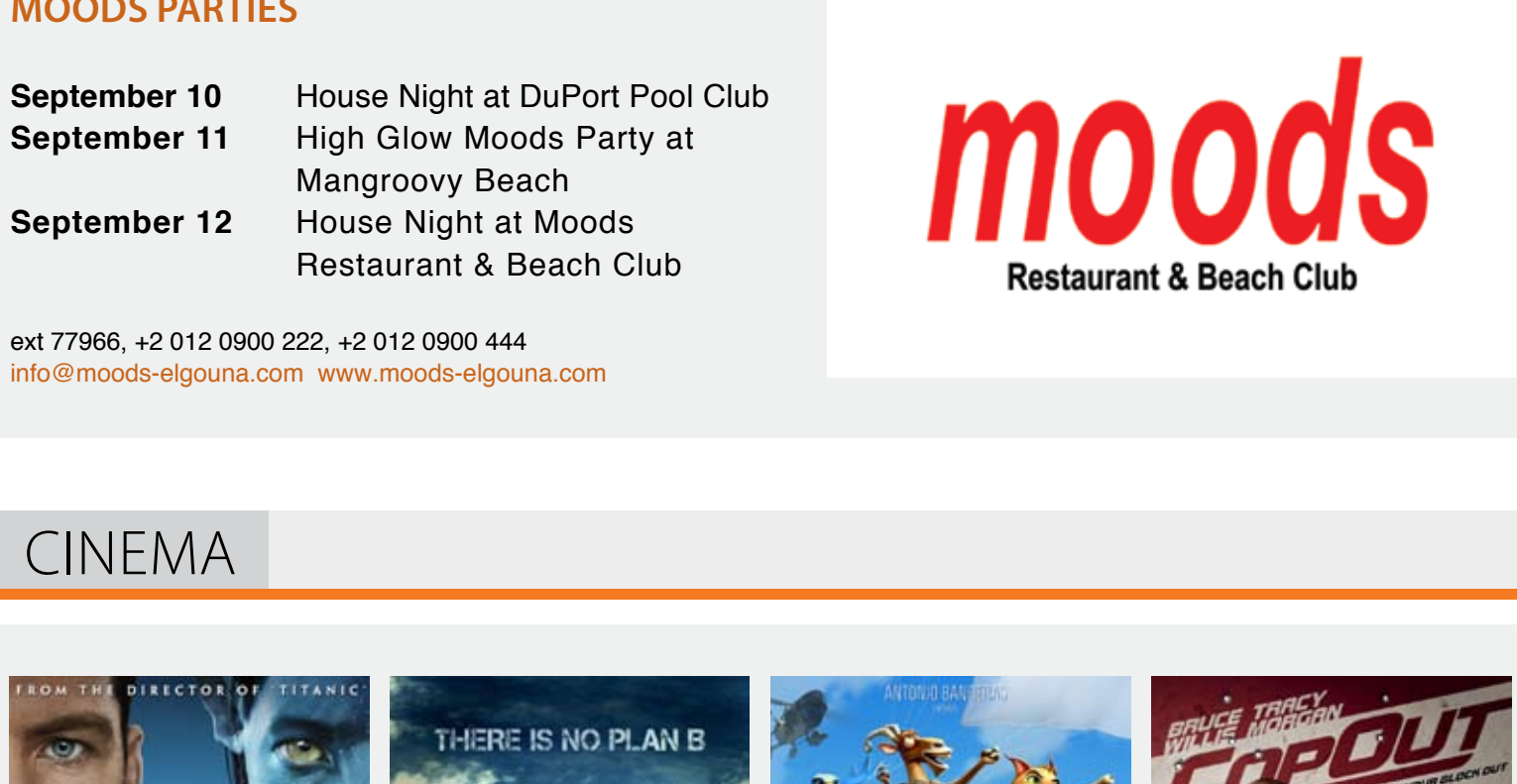
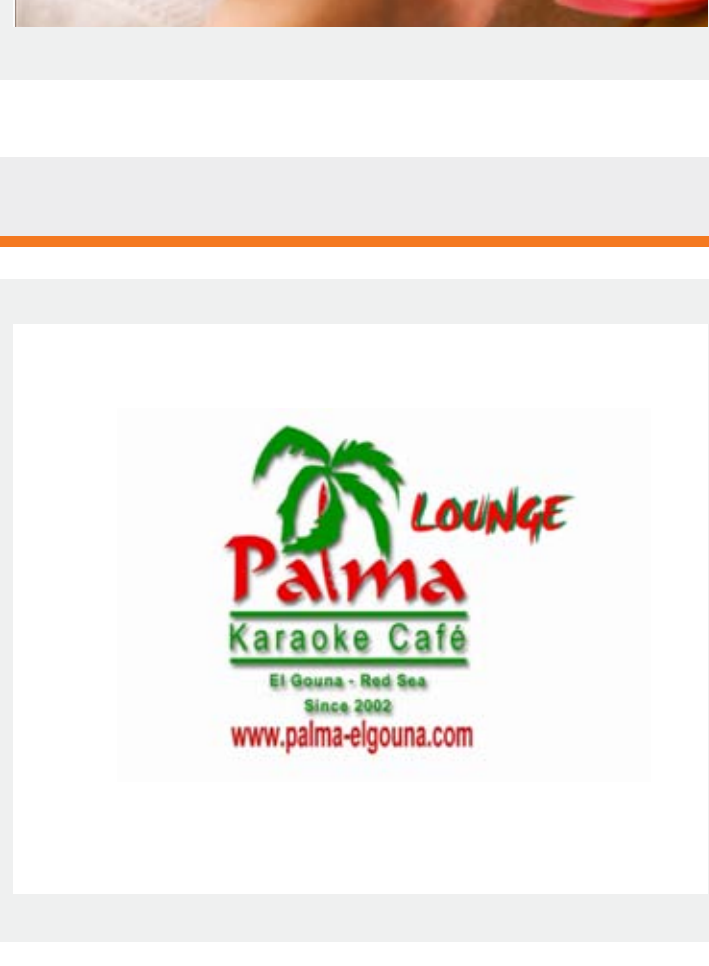
## SPORTS

### FITNESS & RELAX

Get fit, have fun, and ease your mind with Marika's Fitness & Relax program for men and women of all fitness levels. Lessons are operated in small groups and places are limited.

**Aqua Fitness** Friday, Sunday, Wednesday at 8:30 am at The Club House pool  
**Water Aerobics** Tuesday at 9:30 am at The Club House pool  
**Hatha Yoga** Saturday through Thursday at 5:30 pm at Les Petites

For information and bookings call +2 012 742 4561



### NOT YET A GOLFER?

Learn how to play with special offers valid through the end of September:

**Introduction for Non-Golfers**  
Every Monday, Wednesday, and Saturday from 4-5 pm  
No registration necessary, 10 Euros per person

**Golf Course for Beginners**  
5 lessons of 50 min. incl. practice balls and equipment  
1 person = 180 Euros, 2 persons = 130 Euros per person

**Family Beginners Course**  
5 lessons of 50 min. incl. practice balls and equipment  
290 Euros per family (parents and max. two children)

**Play Golf with a Pro**  
9 hole round: 60 Euros per person  
18 hole round: 100 Euros per person

El Gouna Golf Club  
ext 32285, +2 012 746 4712  
golf.club@elgouna.com

## WELLNESS

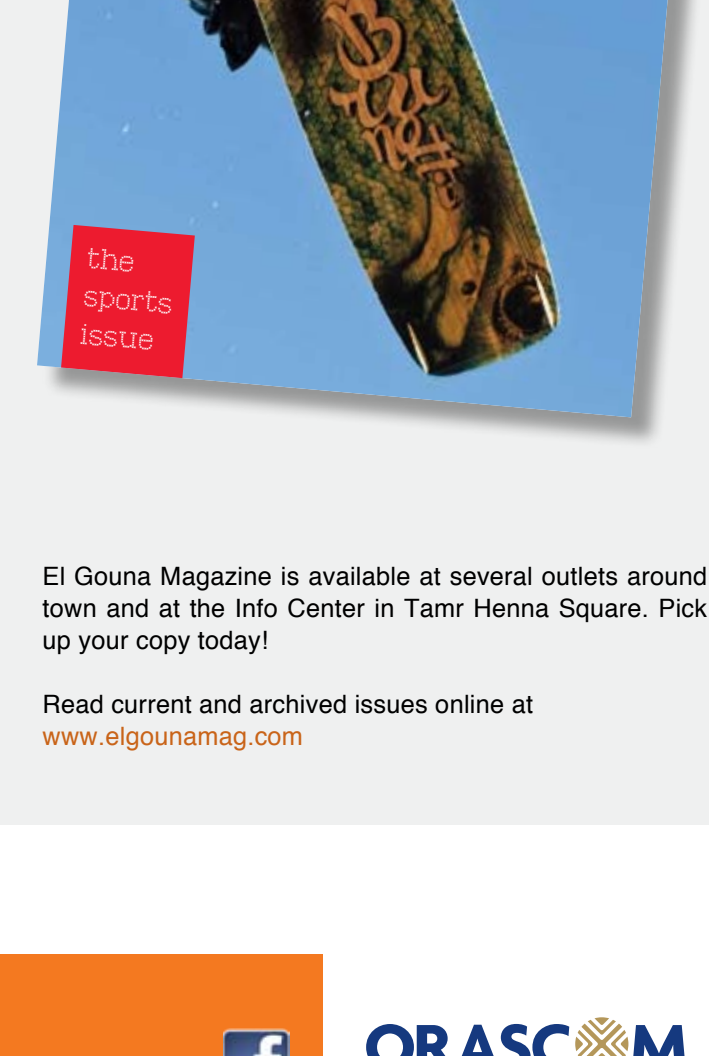
### OPEN DOORS DAY

Vitalis invites you to discover their Health Club and new services on **September 3** from 10 am to 8 pm. The Open Doors program includes access to the Workout Room to try the machines and to the Spa with Jacuzzis, steam bath, and sauna.

Demonstrations by Katherine Demets at the Anti Aging Center:  
11 am - Hydradermabrasie  
12 pm - Gold Facial Treatment  
2:30 pm - Free Consultations  
4:00 pm - Mesotherapy  
5% discount on appointments

Don't miss the information about Ayurveda Massages and Aromatherapy Massages at 3:30 pm.

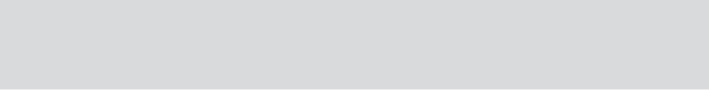
TTC Ocean View Hotel  
+2 016 587 6978  
English, German, Flemish, and Arabic spoken



### SUMMER IS SHORTS TIME!

Feel better and look great by reducing water and cellulite through foot reflexology or acupressure massage.

Traditional Chinese Massage, Abu Tig Marina North  
ext 75532, +2 010 683 7396, lamstulin888@yahoo.com.hk



## NIGHTLIFE

### EGYPTIAN CULTURE FESTIVAL

Palma's special entertainment program from **September 8-13** will include daily shows featuring tanoura, belly dancer, live singers, BBQ on the beach, shisha specials, and camel on the beach.

Enjoy the beach during the day and dance to the latest tunes of DJ Castelo or just chill in the lounge at night. The next foam party is scheduled for **Wednesday, September 15**.

Open every day from 10 am till late.  
Downtown Katr, ext 32125, www.palma-elgouna.com



### MOODS PARTIES

**September 10** House Night at DuPort Pool Club  
**September 11** High Glow Moods Party at Mangroovy Beach  
**September 12** House Night at Moods Restaurant & Beach Club

ext 77966, +2 012 0900 222, +2 012 0900 444  
info@moods-elgouna.com www.moods-elgouna.com



## CINEMA



### MOVIE NIGHTS

**Sunday, blockbusters** are playing every Sunday, **Tuesday, and Thursday at 8:30 pm**. Entry is free and a new movie is featured every week at the open-air movie theatre in Downtown El Balad.

**September 5** Avatar  
**September 12** A-Team  
**September 19** Missing Lynx  
**September 26** Cop Out

## EL GOUNA MAGAZINE

### PICK UP THE FALL ISSUE

Land and water sports have always been a part of El Gouna's lifestyle, but these days, staying active in town is easier and more fun than ever. In the Fall issue we celebrate how the scope and quality of athletic activities available in El Gouna have improved over time by focusing on the active life and profiling many of the sports the town has to offer.

We take a look at the latest happenings, including the building of a new golf course set to open in 2012 in the heart of the Ancient Sands luxury community. We also set sail on *The Ocean Diva*, a top-of-the-line catamaran recently acquired by The Orange Concept, and we review the facilities of the recently-opened LAX Gymnasium.

Competitive and professional sports are also on the rise in town. This year's KiteJamboree was the largest so far, welcoming more than 300 top-notch competitors from nine different countries. The El Gouna Football Club finished up its first year in Egypt's top-tier Premier League, and young Isaac Sturgess, the 10-year-old El Gouna resident who recently won a national tournament, is attracting notice on the tennis court.

Complementing these articles is a short profile of El Gouna's new General Manager Adham Mahmoud.



El Gouna Magazine is available at several outlets around town and at the Info Center in Tamm Henna Square. Pick up your copy today!

Read current and archived issues online at [www.elgounamag.com](http://www.elgounamag.com)

To unsubscribe from this newsletter, write to [news@elgouna.com](mailto:news@elgouna.com)