

Life as it should be

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A Destination by Orascom Development

# Unforgettable Pampering

## El Gouna, Red Sea



Rejuvenate your body, mind and spirit at one of El Gouna's spas and fitness centers, where trained professionals, ultra-modern equipment, and specialized treatments serve to nurture your inner and outer self. If you crave a Middle Eastern experience, try a desert sand massage and relax in a beautiful Turkish bath, or if you are more of a beach-bum try one of our beach massages. For the influences of the Far East, sample a massage designed to strengthen your inner chi.

Below is only sampling of what our spas have to offer.



**Ali Pasha**  
Abu Tig Marina

Enter a realm of total relaxation with sauna, spa and a wide selection of oil, reflexology and Lymphatic Drainage Massages. The dedicated beauty section offers manicure, pedicure and fatla threading services.



**Angsana Spa**  
Moevenpick Resort & Spa  
and Steigenberger Golf Resort

A subsidiary of the Banyan Tree Group, Angsana boasts two locations in El Gouna each offering a wide selection of beauty massages, sauna and steam bath, and massages for individuals and couples.



**Arena Inn**  
Downtown El Gouna

Experience a touch of the Orient with aromatherapy, special four hands massage, and a blissful Turkish hammam. Beauty treatments include manicure, pedicure, fatla threading and waxing.



**Captain's Inn**  
Abu Tig Marina

Surrender yourself to the care of our professional facility managed by a German specialist. Relax with the sport massage or choose from a variety of treatments. Manicure and pedicure available.



**Dawar El Omda**  
Kafr El Gouna

Simple yet sensual, choose from a unique selection of massages that takes you back through time. Cleopatra, Pharon and Touch of the Nile are just a taste of the varied massage menu.



**LAX**  
Abu Tig Marina, North Basin

Enjoy your daily workout with a view. This exclusive facility with stylish premises affords stunning views of the Red Sea. State of the art fitness equipment, sauna, massages, and a lounge bar await you.



**Sultan Bey**  
Zeytouna Beach

A variety of specialty and traditional massages are offered directly on the beach. Complete your day of relaxation while enjoying the fresh air from the sea.



**TTC Rihana Resort & Inn**  
Downtown Area

The club offers a variety of unique programs ranging from sport massage to after sun therapy and anti cellulite massage in addition to Aphordite & Apillon, Moonlight, and Touch of the Nile.



**Sheraton Miramar  
Resort & Spa**  
Near Italian Compound

Unwind with full package services including aromatherapy, reflexology, oriental and classic massage, full body massages, and signature Sheraton treatments: relax, rejuvenate and refresh.



**TTC Ocean View**  
Abu Tig Marina

Enjoy steambath, sauna, and Jacuzzi at Vitalis, which also has a specialized anti aging center. Enjoy a true sensory experience, combining the benefits of classic massage with the power of aromatherapy.

To explore your options further or book your spa session please contact the El Gouna Spa Concierge at the Info Center by dialing ext 32100.